



## SECOND SUNDAY OF LENT 2025

“... Listen to him ...” (Lk 9:35)

‘The [Jubilee Year] theme is “**Jesus Christ our Hope**” for He is the aim of our pilgrimage, and He Himself is the way, the path to follow.’  
(Pope Francis)

### THE GOSPEL

Jesus took with him Peter, John and James and went up the mountain to pray. And it happened that, as he was praying, the aspect of his face was changed and his clothing became sparkling white. And suddenly there were two men talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they woke up and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, ‘Master, it is wonderful for us to be here; so let us make three shelters, one for you, one for Moses and one for Elijah.’ He did not know what he was saying. As he was saying this, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, ‘This is my Son, the Chosen One. Listen to him.’

(Luke 9:28-35)

**Read and re-read the Gospel passage**, pausing for words or phrases that may ‘stand out.’

**Talk with Jesus** about what comes to mind or take some moments to rest in God’s loving presence.

## THE DESTINATION, THE WAY, THE PATH TO FOLLOW

**Jesus is transfigured as he prays**, and his disciples know God is near. Two great persons appear: Moses, the Law Giver, who encountered God's glory (Ex 34:29-35) and Elijah, who found God in sheer silence, a gentle breeze (1 Kings 18-19). Peter thinks, "We've arrived! Let's build something to make it permanent!" Yet, this is a moment on the journey, not the destination. The disciples must follow Jesus to the places where people need his message, remembering the Father's words; 'This is my Son, the Chosen One. Listen to him.'

## FROM FELLOW PILGRIMS – FOR REFLECTION

**I invite all Christians...** to a renewed personal encounter with Jesus... No one should think that this invitation is not meant for him or her... he is already there, waiting for us with open arms.

*(Pope Francis, Evangelii Gaudium 'The Joy of the Gospel', 3)*

**...The Son**, uniquely reveals what the Father is. Only through God's self-expression in the Son does faith know what God is like.

*(Tony Kelly, The Creed by Heart, 109)*

**God is light because God is love.** The incarnate Son radiates... the "love-light" of God's gracious presence to creation.

*(Tony Kelly, The Creed by Heart, 105)*

**Jesus is not a memory.** He is a presence.

*(Chiara Lubich in Melissa LeMieux Weisenburg, 208)*

**The disciples are sent into the world** with the consciousness of belonging to a new humanity as it has been realised in Christ. Grace and forgiveness are now the key to our co-existence.

*(Tony Kelly, The Creed by Heart, 145)*

**To be "for us"** is the basic law of Jesus' life and mission. He lives and lays down his life for others, "for many" (Mk 10:45), for the world.

*(Tony Kelly, The Creed by Heart, 134)*

**...We are called to be tangible signs of hope** for those of our brothers and sisters who experience hardships of any kind.

*(Pope Francis, Spes Non Confundit, Bull of Indiction of the Jubilee 2025, 10)*

**“Acts of selfless love,** acts of obedience to conscience, acts of fidelity to truth are of infinite value. Eternity is part of their inner nature. Wherever life is truly lived in faith, hope and love, eternity already truly occurs.”

*(Denis Edwards, Jesus and the Cosmos, 113)*

**“Whenever and whatever we read of Christ in the Gospel,** we are also reading our own self portrait, for Christ is what we are called to become... He is the source of our life and the sense of it, for to be another Christ is the meaning of our existence... By looking at him we begin to catch glimpses of what God has called us to become before the world was, namely, other Christs.”

*(G. Hughes)*

### **Find words or an image for**

- Insights gained from your reading and prayer today.
- A hope, intention or prayer for the future.

You may like to write down your thoughts or a prayer.



# A PRAYER OF PRESENCE

“Awareness of the Divine Presence

can be practised anywhere

– in planes, trains, buses, in offices and waiting rooms, between classes, conferences, and appointments.

These in-between moments enable us to maintain this presence all during the day.

They relieve strain and restore our remembrance of God.”

*(A van Kaam & S. Muto, Practicing the Prayer of Presence, 44-45)*



## Pause for a moment in your busy day

to remember, and bring God to the forefront of your thoughts, God who loved you into being and is with you, loving you, now.

OR

## Take a quiet moment alone.

Become aware that God is with you,

loving you into life, in every moment, with every breath.

Rest for the moment in God’s presence and love for you.

Allow a word or phrase to come to you as a short prayer.

*(Adapted from: A van Kaam & S. Muto, Practicing the Prayer of Presence, 64,66)*



**Prepared for Lent 2025 (Year C) for the Sandhurst Diocese:** PO Box 201 Bendigo, Vic, 3552  
Email: [adultfaith@sandhurst.catholic.org.au](mailto:adultfaith@sandhurst.catholic.org.au)

**Acknowledgements:** “Jesus Christ our Hope” *Pope Francis, General Audience 18 Dec 2024;* Edwards, Denis, *Jesus and the Cosmos*, Mahwah, New Jersey: Paulist Press, 1991; St Irenaeus, 2nd century; Van Kaam, Adrian and Muto, Susan, *Practicing the Prayer of Presence*, Denville,

New Jersey: Dimension Books, 1980; Kelly, Tony CSsR, *The Creed by Heart: Re-Learning the Nicene Creed*, Blackburn, Vic: Harper Collins, 1996; LeMieux Weisenburg, Melissa, *Pilgrims of Hope: A 2025 Catholic Prayer and Affirmation Journal for Women*, Strikersville NY: MusoWave Digital LLC, 2025; Pope Francis, *Evangelii Gaudium ‘The Joy of the Gospel’*, 3 ([www.vatican.va](http://www.vatican.va)); Pope Francis, *Spes Non Confundit*, Bull of Indiction of the Jubilee 2025, 10 ([www.vatican.va](http://www.vatican.va)); G. Hughes, quoted in Pope Francis, *Spes Non Confundit*, Bull of Indiction of the Jubilee 2025, 21.